

STARTER & SHARE

Calamari	11.75
Crispy deep fried squid with wonton bits	
Crispy Brussels Sprouts	7.95
Sea salt, crispy garlic, reggiano parmesan	
Chicken Wings	6.75
Special seasoned fried chicken wings	
Japanese Savory Pancake	14.50
Flour pancake with vegetables and seafood.	
Hunter Prawns	11.75
Deep fried prawns tossed with crispy wonton, sweet and sour lemon mayo sauce	
Spicy Chili Chicken	15.50
(non-spicy available) Stir fried chicken with ginger soy sauce. Customize spice by adding 1-6 hot peppers	
Gyoza	5.50
Deep fried pork dumpling	
Takoyaki	5.65
Japanese octopus balls filled with minced octopus, pickled ginger and green onion	
Agedashi Tofu	5.25
Deep fried tofu served in tempura sauce	
Potato Croquette	4.50
Deep fried made from panko crumbed potato	
Salmon Belly	4.25
Flame seared salmon belly in sweet sauce	
Salmon Cheeks	4.25
Flame seared salmon cheeks in sweet sauce	
Sunomono	
Cold vermicelli noodle with your choice of flavor Tako 5.50 Ebi 4.95 Veggie 3.95	
Edamame	3.95
Gomae	4.95
*Add salmon or tuna (6pcs)	
Seaweed Salad	4.95

TEMPURA

Assorted (8pcs)	10.50
Prawn (7pcs)	10.50
Mixed Veggies (7pcs)	7.95
Yam (7pcs)	7.95
Appetizer Tempura (3 yam, 3 prawn)	6.75
Salmon or Tuna (5pcs)	5.95

GREENS

Smoked Salmon Salad	12.50
5pcs smoked salmon, spring mix, kappa, balsamic sauce, pesto sauce, caper, and parmesan cheese	
Rose Salad	14.50
Crabmeat, salmon, spring mix, kappa, sauteed salmon in garlic butter, balsamic sauce, pesto sauce, and caper	
Spicy Tuna Salad	10.25
2 deep fried spicy tuna, spring mix, kappa, ponzu sauce, salad sauce, sweet sauce, and green onion	
Spicy Kani Salad	9.95
4pcs kani stick, spring mix, kappa, spicy mayo, and tobiko	
Mango Prawn Salad	10.95
Mango salsa, 3pcs ebi, spring mix, kappa, balsamic sauce, and mango sauce	
Spicy Sashimi Salad	11.95
5pcs sashimi (chef's choice), spring mix, kappa, spicy mayo, spicy red sauce, and tobiko	
Avocado Salad	6.95
Spring mix, kappa, avocado, and salad sauce	
House Green Salad	5.95
Spring mix, kappa, and salad sauce	



Smoked Salmon Salad



Rose Salad



Spicy Tuna Salad



Spicy Kani Salad



Mango Prawn Salad

From the Kitchen

" We use only the best and freshest ingredients which are, whenever possible, locally sourced and produced to embody a Westcoast flavor. "



Japanese Savory Pancake



Hunter Prawns



Spicy Chili Chicken



Tacos



Hamburger Steak



Fish & Chips



Pork Katsu



The Old Spice Ramen



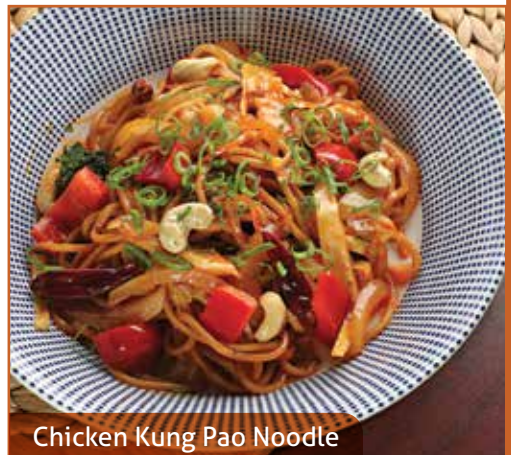
Long Cape Ramen



Beef Rice Bowl



Teriyaki Chicken Rice Bowl



Chicken Kung Pao Noodle

CASUAL PLATES

Tacos (Cod)	11.50
House spice blend, cabbage, avocado and seasoned mango salsa	
Fish & Chips	12.50
Crisp golden batter with fries, tartar sauce and house pickle	
Mango Salsa Chicken	14.95
Grilled chicken topped with mango salsa, seasonal vegetables and rice or fries	
Grilled Salmon	15.95
Freshly grilled salmon, seasonal vegetables & rice or fries	
Hamburger Steak	15.75
Homemade spiced minced beef patties, salad & rice or fries	
Pork Katsu	14.50
Breaded tenderloin pork cutlets with prawn, salad house pickle and rice	
Chicken Katsu	10.95
Breaded chicken, rice and salad	

I LOVE RICE DISH

Teriyaki Rice Bowl (Beef, Chicken or Tofu)	9.50
* Extra meat (Half of meat served)	3.00
Beef or chicken or tofu and fresh vegetable with teriyaki sauce	
Chicken Kungpao Rice Bowl	11.75
Chili soy sauce, wok fried chicken, vegetables & nuts Customize spice by adding 1-6 hot peppers	
Chicken or Beef Rice Bowl	10.95
Sautéed chicken or beef and vegetable with egg on rice	

NOODLE

Soup (Udon)

Chicken / Beef / Veggie	9.50
Plain 5.95 Tempura 9.50 Seafood 9.95	

Long Cape Ramen Combo	14.75
2 handmade spiced minced beef, served with house pickle	
Long Cape Ramen	11.25
Sautéed vegetables & seafood based on pork and chicken broth in Nagasaki ramen noodle soup	
The Old Spice Ramen Combo	14.75
2 handmade spiced minced beef, served with house pickle	
The Old Spice Ramen	11.25
House spicy soup filled with vegetables and assorted seafood	

Noodle-ious Sensations

Yaki Soba or Udon	
Pan fried noodle with beef, chicken & vegetable	
Chicken or Beef	9.95
Veggie	8.95
Chicken Kung Pao Noodle	11.75
Chili soy sauce, wok fried vegetables, noodles and peanuts. Customize spice by adding 1-6 hot peppers	

Signature Platters

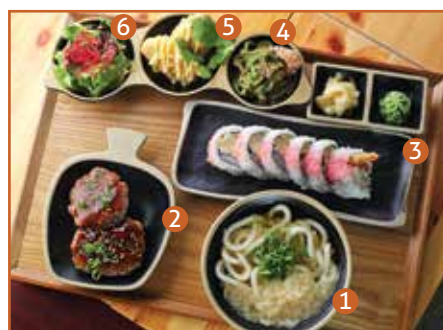
(All day available)

Sashimi Sushi Platter 29.75



1. Udon
2. 3pcs Nigiri
3. 7pcs Sashimi
4. Dynamite Roll
5. Goma
6. Hamburger Steak
7. Salad

Hamburger Steak & Udon Platter 28.50



1. Udon
2. Hamburger Steak
3. Dynamite Roll
4. Goma
5. Cod Tempura
6. Salad

Pork Cutlet & Udon Platter 25.75



1. Udon
2. Pork Katsu
3. Dynamite Roll
4. Goma
5. Croquette
6. Salad

Healthy Tip!

Our pink crunchy flakes are made from beets.

SIDES & ADD-ONS

Rice 1.50 Miso 1.50 Potato Fries 3.75
Pan-fried Vegetable 3.00 House Pickle 2.00
Yam Cone (spicy or sweet) 3.25 Side Sauce 0.50

* Please let us know in advance if you have allergies.

In case we accept orders of allergy note, we cook as carefully as possible, but we can't guarantee a 100% of allergen-free.

* The menu photos are shown may differ slightly depending on market.

From the Raw Bar

* Extra charge of \$1.50 for black rice, soybean paper, rice papers

Healthy Tip!

Our pink crunchy flakes are made from beets.



Netflix and Chili



Red Dynamite



Black Dragon



Double Dynamite



Spicy Mom's



Belly King



The Last Mango in Paris



Salmon Night Fever



Viva Las Vancouver



Red Dynamite



Spider



Honeymoon

I LOVE SUSHI ROLL

Spicy Mom's

9.50

2 prawn tempura, yam tempura, kappa, avo
(top : sockeye salmon, avo, tuna, spicy mayo,
spicy red sauce, jalapeno)

Green Grass

8.75

Crabmeat, avo, kappa (top : avo, creamy mayo)

Tiger

9.50

2 Prawn tempura, yam, crabmeat (top : ebi (cooked
shrimp), cream cheese sauce)

Hot Night

9.25

2 Prawn tempura, yam (top : spicy tuna,
spicy mayo, spicy red sauce, tobiko)

Spider

9.50

2 Prawn tempura & yam (top : deep fried unagi,
sweet sauce, green onion)

Red Dynamite

10.25

2 Prawn tempura, avo, yam, kappa, (top : flame
seared spicy tuna, crispy yam bits, sweet sauce)

Double Dynamite

9.50

2 Prawn tempura, avo, yam & kappa (top : crabmeat,
creamy mayo)

Black Dragon

11.25

2 Prawn tempura, avo, kappa (top : unagi, avo,
sweet sauce, tobiko)

Salmon Night Fever (Red Dragon) 10.98

2 prawn tempura, avo, kappa (top : Atlantic salmon, avo, spicy mayo, spicy red sauce, tobiko)

Caterpillar 9.50

Deep fried unagi, kappa (top : avo, sweet sauce, wasabi mayo)

Schoolhouse 10.25

Spicy tuna, kappa, cream cheese (top : flame seared tuna, garlic mayo, crispy yam bits, wasabi mayo)

Viva Las Vancouver 9.50

2 prawn tempura, avo, kappa, crabmeat (top : crispy potato bits, cream cheese sauce, spicy mayo)

The Skully (Rainbow) 9.50

Crabmeat, avo, kappa (top : sockeye salmon, salmon, tuna, ebi, avo)

Spider 9.98

Deep fried soft shell crab, crabmeat, avo, kappa, yam (top : crunch, sweet sauce, masago)

Netflix and Chili (Fire Volcano) 12.50

(Deep fried roll) Spicy tuna, yam, cream cheese (top : spicy salmon, tuna sashimi, sweet chili sauce, green onion, garlic chips, tobiko)

Belly King 10.50

Negitoro, avo (top : flame seared salmon, balsamic sauce, pesto sauce, caper, garlic chips, parmesan cheese)

The Last Mango in Paris (Sweet Mango) 9.98

Avo, tamago, yam (top : mango salsa, balsamic sauce)

Honeymoon 11.50

Soybean paper, sockeye salmon, smoked salmon, avo, kappa, crab stick, tamago, cream cheese, sweet chili sauce

Who Let the Dogs Out? (TREGO) 9.25

Crabmeat, avo, kappa (top : seared tuna, jalapeno, green onion, ponzu sauce)

Lean Green 8.25

Avo (top : spinach, goma sauce)

Pirates of the Caribbean (Tropical) 9.25

Mango, avo, kappa (top : sockeye salmon, tuna, mango, mango sauce)

Water Works (Energy) 8.75

(Deep fried roll) Sockeye salmon, tuna, crab stick, cream cheese, avo, sweet chili sauce

Mountain 10.50

Avo, yam, crabmeat (top : sockeye salmon or tuna or chopped scallop, spicy mayo, sweet sauce, tobiko)

Daniel Crab (Philadelphia) 8.75

Crabmeat, avo, kappa & cream cheese (top : smoked salmon, cream cheese sauce)

Message in a Bottle (Alaska) 8.25

Crabmeat, avo & kappa (top : sockeye salmon, salad sauce)

From Dust Till Prawn (Crunch) 6.50

2 prawn tempura, yam (top : crunch, sweet sauce)

CLASSIC ROLLS

* Add deep fried for extra \$2.00.

* Add spicy for extra \$0.50.

California 3.95

(Kappa, avo, crabmeat)

BC 4.50

(BBQ Salmon skin, lettuce, kappa)

Dynamite 4.95

(Kappa, avo, crabmeat, yam, prawn tempura)

Chicken or Beef 4.50**Chicken Crab 4.95****Salmon Avo 4.30****Sockeye Salmon Avo 4.80****Tuna Cucumber 4.30****Spicy Salmon Avo 4.80****Spicy Sockeye Salmon Avo 5.30****Spicy Tuna Cucumber 4.80****Chopped Scallop 4.98****Unagi Cucumber 4.98****House 6.98**

(Avo, kappa, crab, sockeye salmon, tuna, tamago, masago)

Gyoza (Gyoza, Yam) 4.50**Deep Fried California 5.95****Deep Fried Spicy Tuna 6.80****Deep Fried Spicy Sockeye Salmon 7.30****Yam Tempura 4.70****Yam Tempura Avo Kappa 5.95****Avo Kappa 4.30****Vegetable 5.15**

(Avo, asparagus, spinach, kappa, yam tempura)

Spinach 3.95**Avocado 3.95**

HOSO MAKI

* Add spicy for extra \$0.50

2.75 Plain**2.95 Tamago****3.00 Masago, Kappa, Avocado, Oshinoko, Asparagus****3.25 Yam****3.50 Salmon, Tuna****3.75 Sockeye Salmon, Negitoro, Tobiko****4.10 Smoked Salmon**

ABURI NIGIRI

* Aburi means "flame seared"

Sockeye Salmon	2.75
Spicy mayo, jalapeno	
Salmon	2.25
Spicy mayo, jalapeno	
Tuna	2.25
Garlic mayo, green onion	
Toro (tuna belly)	3.00
Garlic mayo, green onion	
Ebi	2.25
Pesto mayo, tobiko	

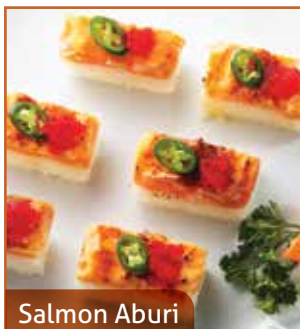
ABURI OSHI SUSHI (6pcs)

" Our famous Aburi Oshi Sushi, traditionally from Osaka Japan, uses a flame-seared technique with a unique specialty sauce. The touch of heat gives the sushi's flavor an extra layer of complexity, resulting in something truly mouth-watering and exciting. "

Love Aburi Sushi	11.50
Salmon, tuna, ebi, unagi, cream cheese sauce, sweet sauce, spicy mayo, green onion, and garlic chips	
Salmon Aburi Sushi	10.50
Salmon, spicy mayo, jalapeno, and tobiko	
Toro Aburi Sushi	10.98
Toro, garlic mayo, garlic chips, and furikake	
Ebi Aburi Sushi	10.98
Ebi, pesto mayo, green onion, and garlic chips	
Unagi Aburi Sushi	10.50
Unagi, sweet sauce, green onion, garlic chips, and tobiko	



Love Aburi



Salmon Aburi



Toro Aburi



Unagi Aburi

NIGIRI SUSHI

*Extra charge of \$ 0.25 for black rice

1.75	Salmon (Atlantic) / Tuna (Maguro) Hokkigai (Surf clam) / Kani (Real crab) Ama Ebi (Small sweet raw shrimp) Inari (Bean curd) / Tamago (Egg) Masago (Smelt roe) / Crab Meat & Avo
2.25	Sockeye Salmon / Tai (Red snapper) Smoked Salmon / Tobiko (Flying fish roe) Chopped Scallop
2.75	Tako (Octopus) / Toro (Tuna belly) Negitoro (Chopped tuna belly, green onion) / Unagi (Eel) / Ama Ebi (Large sweet raw shrimp)

SASHIMI (8pcs)

* Add spicy for extra \$1.00

Salmon or Tuna	(5pcs) 8.30 (8pcs) 12.50
Sockeye Salmon	(5pcs) 9.00 (8pcs) 13.90
Salmon & Tuna	12.50
Sockeye Salmon & Tuna	13.25
Toro (Tuna belly)	(4pcs) 8.30 (6pcs) 12.50
Tako	(5pcs) 8.30 (8pcs) 12.50
Hokkigai	(5pcs) 6.75 (8pcs) 12.50
Salmon or Tuna Tataki	(5pcs) 8.30 (8pcs) 12.50
Seared seasoning salt, ponzu sauce, green onion, garlic chips	
Sockeye Salmon Tataki	(5pcs) 9.00 (8pcs) 13.90
Seared seasoning salt, ponzu sauce, green onion, garlic chips	
Appetizer (6pcs)	8.95
2pcs Sockeye salmon, 2pcs tuna, 1 Tai, 1 hokkigai	
Assorted (12pcs)	16.98
2pcs each (sockeye salmon, salmon, tuna, amaebi, tai, hokkigai)	
Deluxe (19pcs)	28.50
3pcs each (sockeye salmon, salmon, tuna, tai, hokkigai) and 2pcs amaebi, 2pcs tako	
LOVE (26pcs)	38.50
4pcs each (sockeye salmon, salmon, tuna) and 14pcs chef's choice sashimi	



SUSHI PIZZA

* Deep fried rice dough with various seafood and special sauce

Cake Pizza 12.50

(Crab meat, avo, salmon, spicy tuna, tobiko on sushi rice dough and torched, spicy mayo, sweet sauce, balsamic reduction, caper, and garlic chips)

Rainbow Pizza 12.95

(Crab meat, salmon, sockeye salmon, tuna, ebi, tai, unagi, masago, sweet sauce, and wasabi mayo)



Cake Pizza



Rainbow Pizza

COMBOS

* Add spicy for extra \$0.50

* Extra \$1.50 for changing California roll to dynamite roll.

Love 18.00

California Roll, appetizer sashimi, 4 nigiri (1 sockeye salmon, 1 salmon, 1 tuna, 1 ebi)

Roll 9.95

California Roll, yam tempura roll, kappa maki

California 10.95

California Roll, 4 nigiri (1 sockeye salmon, 1 salmon, 1 tuna, 1 ebi)

Dynamite 11.95

Dynamite Roll, (4 nigiri : 1 sockeye salmon, 1 salmon, 1 tuna, 1 ebi)

Unagi 14.00

Unagi roll, 4pcs unagi nigiri

Spicy Sockeye Salmon 14.00

Spicy sockeye salmon avo roll, 4pcs sockeye salmon nigiri

Spicy Tuna 12.50

Spicy tuna cucumber roll, 4pcs tuna, and nigiri

Nigiri Sushi 12.50

8pcs nigiri (Chef's choice)

Cone 10.50

Sockeye salmon cone, tuna cone, and yam cone

Kids 8.50

California roll, tamago maki, and kappa maki

Vegetable 9.95

Vegetable roll, avocado roll, and kappa maki

Karage 10.95

Chicken karage, California roll, and miso soup

Movie 11.50

Gyoza, spicy yam cone, California roll, and miso soup

RICE BOWLS (Donburi)

* Add spicy for extra \$1.00

Poke Rice Bowl 13.50

Two scoops of ; Atlantic salmon, avocado, roasted nuts, mango, vegetable, spicy mayo sauce

Salmon or Tuna (8pcs) 12.98

Sockeye Salmon (8pcs) 13.98

Salmon & Tuna (8pcs) 12.98

Sockeye Salmon & Tuna (8pcs) 13.50

Unagi (7pcs) 14.98

Chirashi (13pcs - Chef's choice) 15.98

Korean Chirashi (13pcs - Chef's choice) 17.98



Poke Rice Bowl



Chirashi

PARTY TRAY

California Land (80pcs) 38.00

10 California rolls

Happy Land (70pcs) 43.00

5 Dynamite rolls, 5 California rolls

Dream Party (76pcs) 49.00

California roll, dynamite roll, chicken roll, BC roll, crunch roll, spicy mon's roll, sockeye salmon maki, tuna maki, kappa maki, oshinko maki, and tomago maki

Family Party (35pcs rolls, 20pcs nigiri) 59.00

California roll, dynamite roll, spicy mom's roll, sockeye salmon maki, tuna maki, and 4pcs nigiri each (sockeye salmon, tuna, ebi, tai, hokkigai)

Love Party 59.00

(26pcs rolls, 12pcs, sashimi, 15pcs nigiri)
California roll, dynamite roll, sockeye salmon maki, tuna maki, assorted sashimi, and 3pcs nigiri each (sockeye salmon, salmon, tuna, ama ebi, tai)

Veggie Party (44pcs rolls, 5pcs nigiri) 32.00

Yam roll, vegetable roll, spinach roll, avocado roll, asparagus maki, kappa maki, oshinko maki, and 5pcs inari nigiri

LUNCH BOX (Open ~ 3:00pm)

* Extra \$1.00 for substitution of dynamite roll. * Comes with miso soup.

Healthy Tip!

Our pink crunchy flakes are made from beets.

A Roll 10.95

2 Gyoza	1 Croquette 1 Spring Roll	Green Salad
California Roll		Chicken or Beef Teriyaki

B Teriyaki 12.95

2 Gyoza 1 Spring Roll	3pcs Tempura	Green Salad
Chicken or Beef Teriyaki		California Roll

C Sushi 14.50

2 Gyoza 1 Spring Roll	3pcs Tempura	Green Salad
Nigiri Sushi (1 sockeye salmon, 1 salmon, 1 tuna, 1 ebi, 1 ama ebi)		California Roll

D Sashimi 15.50

2 Gyoza 1 Spring Roll	3pcs Tempura	Green Salad
Sashimi (2 sockeye salmon, 2 salmon, 2 tuna, 1 ama ebi, 1 hokkigai)		California Roll

E Sushi & Sashimi 19.50

2 Gyoza 1 Spring Roll	3pcs Tempura	Green Salad
Nigiri Sushi (1 sockeye salmon, 1 salmon, 1 tuna, 1 ebi, 1 ama ebi)		Sashimi (2 sockeye salmon, 2 salmon, 2 tuna, 1 ama ebi, 1 hokkigai)

F Vegetable 13.95

Inari Nigiri 1 Croquette 1 Spring Roll	3pcs Vege Tempura	Green Salad
Tofu Teriyaki		Avo-Kappa Roll

Desserts

Green Tea Ice Cream

Mango Ice Cream



4.95

4.95

Red Wine

House Red

(6oz, glass) 6 (1/2L) 15

Pellers Estates Proprietors Cabernet Merlot

Sake , Soju

Hot Sake

Gekkeikan (S: 6oz) 5.50 (L: 10oz) 9.50

Korean Soju

(20% ALC, 360ml) 15.95

Drinks



Pop (Coke, Diet Coke, Sprite, Ginger Ale, Root Beer) 1.50

Ice Tea 1.70

Orange Juice 1.95

Bottled water 1.25

Beer (Bottle)

Sapporo (S: 341ml) 5.50 (L: 600ml) 9.50

Asahi (S: 330ml) 5.50 (L: 630ml) 9.50

Kirin (S: 355ml) 5.50 (L: 650ml) 9.50

Canadian (S: 341ml) 4.95

Budwiser (S: 341ml) 4.95

Kokanne (S: 341ml) 4.95